HORMEL FIRE BRAISED

209783 - HORMEL FIRE BRAISED Beef Flank Steak 4-Pack, 8.78 LB,...

Natural shaped and uniquely prepared flank steak gives you convenience and consistency, so you can use your creativity and offer a perfect addition to any menu. Saves time and labor. Cooked to medium rare.



MARKETING

Natural shaped and uniquely prepared flank steak gives you convenience and consistency, so you can use your creativity and offer a perfect addition to any menu. . NO ARTIFICIAL INGREDIENTS. Keep Frozen. Perfect for salds, sandwiches, entrees, and any place a steak would be served on the menu.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
84117	209783	90037600841170	HORMEL FIRE BRAISED Beef Flank Steak

Brand	Brand Owner	GPC Description
HORMEL FIRE BRAISED	Hormel Foods Corporation	Beef - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.98 LBR	8.78 LBR	Yes	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.56 INH	10.5 INH	4.25 INH	0.42766 FTQ	10x9	365 Days	-20 FAH / 10 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	NOT_APPLICABLE	N/A

Nutrition Facts

11 Servings per container

Serving Size **3 oz**

Amount Per Serving

Calories **140**

	% Daily Value*
Total Fat 8	**10%**
Saturated Fat 4 g	**20%**
Trans Fat 0.5 g	
Cholesterol 50 mg	**17%**
Sodium 330 mg	**14%**
Total Carbohydrates 0 g	**0%**
Dietary Fiber 0 g	**0%**
Total Sugars 0 g	
Includes 0 g Added Sugars	**0%**
Protein 18 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 190 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Tuna - N
- Crab - N
- Lobster - N
- Shrimp - N
- Crustaceans - N
- Bass - N
- Anchovy - N
- Cod - N
- Pollock - N
- Salmon - N
- Mustard - N
- Clam - N
- Oysters - N
- Pine Nuts - N
- Almonds - N
- Cashews - N
- Butternuts - N
- Chinquapins - N
- Ginkgo Nuts - N
- Hazelnuts - N
- Hickory Nuts - N
- Shea Nuts - N
- Pili Nuts - N

INGREDIENTS

CONTAINING UP TO 15% OF A SOLUTION++ ++Solution Ingredients: Water, Salt, Beef Stock, Natural Flavoring.

- Lichee Nuts - N
- Macadamia Nuts - N
- Chestnuts - N
- Coconuts - N
- Pecan Nuts - N
- Brazil Nuts - N
- Pistachios - N
- Walnuts - N
- Molluscs - N

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PREPARATION & COOKING SUGGESTIONS

HEATING DIRECTIONS FOR BEST RESULTS, PREPARE FROM THAWED STATE CHAR-GRILL : Heat grill to HIGH heat. Place flank steak directly on grill. Grill for 10 minutes, or until warm, turning once (approximately 5 minutes per side). To serve, slice meat, across the grain, as desired. CONVECTION OVEN: Heat oven to 350°F. Place flank steak on a sheet pan. Heat, uncovered, for 15-20 minutes or until warm. To serve, slice meat, across the grain, as desired.

SERVING SUGGESTIONS

Perfect for salads, sandwiches, entrees, and any place a steak would be served on the menu.

MORE INFORMATION

Telephone : 800-533-2000

NUTRITIONAL ANALYSIS

Calories	140	**Total Fat**	8	**Sodium**	330 mg
Protein	18 g	**Trans Fat**	0.5 g	**Calcium**	0 mg
Total Carbohydrates	0 g	**Saturated Fat**	4 g	**Iron**	1.1 mg
Sugars	0 g	**Added Sugars**	0 g	**Potassium**	190 mg
Dietary Fiber	0 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	50 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

MORE IMAGES



