Nature Valley

- Nature Valley Frozen Meals Oatmeal Round Single Serve Pouch...

Nature Valley Oatmeal Rounds are soft-baked and made with banana puree and chocolate chips. Easy prep with heat or thaw and serve. Packed in 72 single-serve pouches for convenience and portion control. Meets USDA Child Nutrition Programs: 2 oz equivalent grain, with no artificial flavors, no certified colors, no high fructose corn syrup. Whole grain-rich, vegetarian option. Pe...

MARKETING

2 oz Equivalent Grain. Smart Snack Entrée Exempt. K-12 Regulation Ready.. Individually wrapped for heat & serve or thaw & serve. . Approximately 2.32 oz each, packed 72 per case. . Made with banana puree & chocolate chips, no artificial flavors, no certified colors. . Vegetarian, whole grain-rich, no high fructose corn syrup.

Nutrition Facts

72 Servings per container

Serving Size **1 round (65g)**

Amount Per Serving

Calories **270**

	% Daily Value*
Total Fat 11	**15%**
Saturated Fat 4.5 g	**22%**
Trans Fat 0 g	
Cholesterol 5 mg	**1%**
Sodium 230 mg	**10%**
Total Carbohydrates 38 g	**14%**
Dietary Fiber 6 g	**19%**
Total Sugars 12 g	
Includes 10 g Added Sugars	**21%**
Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.6 mg	8%
Potassium 170 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
17364000	207953	10016000173641	72/2.32 OZ

Brand	Brand Owner	GPC Description
Nature Valley	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.000 LBR	10.440 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.430 INH	8.930 INH	11.120 INH	0.71400 FTQ	16x6	252 Days	0 FAH / 10 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A

HANDLING SUGGESTIONS

KEEP FROZEN

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***INII*** *= 'Intentionally nor Inherently Included';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - NI
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Oats, Whole Wheat Flour, Banana Puree, Sugar, Palm Oil, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Canola Oil, Soluble Corn Fiber, Molasses. Contains 2% or less of: Leavening (baking soda, sodium aluminum phosphate), Salt, Oat Fiber, Dried Egg, Cinnamon, Nonfat Milk, Natural Flavor.

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PREPARATION & COOKING SUGGESTIONS

Heat frozen Oatmeal Rounds in ovenable pouch Preheat oven to 350°F. Place pouches flat on baking sheet and heat per chart below: Convection Oven 7-9 minutes* Conventional Oven 8-10 minutes* Warming Unit: Preheat Warming Unit to 150°F. Place pouches flat on a baking sheet and heat for 60 minutes.

SERVING SUGGESTIONS

1 pouch

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	270
Protein	5 g
Total Carbohydrates	38 g
Sugars	12 g
Dietary Fiber	6 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11
Trans Fat	0 g
Saturated Fat	4.5 g
Added Sugars	10 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	230 mg
Calcium	0 mg
Iron	1.6 mg
Potassium	170 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ENERGY	SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM
WHOLE_GRAIN	CONTAINS	TRANS_FAT	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	FIBRE	GOOD_SOURCE_OF	VEGETARIAN	YES

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