

Simplot Good Grains™

- Simplot Good Grains Ancient Grains and Kale Blend 6/2.5lb

An on-trend, complex grain & vegetable dish made easy;Consistent results—just heat and serve;Serve hot or chill after cooking for cold applications;Individually quick frozen for easy portioning



MARKETING



Nutrition Facts

9 Servings per container	
Serving Size	1 cup (127g)
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 4.5 g	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 240 mg	10%
Total Carbohydrates 26 g	9%
Dietary Fiber 3 g	11%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%

Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 50 mg	4%
Iron 1 mg	6%
Potassium 230 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
10071179035046		205896		10071179035046		6/2.5#	
Brand		Brand Owner		GPC Description			
Simplot Good Grains™		Simplot Global Food, LLC		Grains/Cereal - Not Ready to Eat - (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
17 LBR	15 LBR	No		Canada		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
13.375 INH	12 INH	7.125 INH	0.6618 FTQ	12x9	547 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE			NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS



COOKED BROWN AND RED RICE, KALE, COOKED RED QUINOA, COOKED BLACK BARLEY, GARLIC, VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL), CONTAINS LESS THAN 2% OF BLACK PEPPER, POTASSIUM CHLORIDE SALT, SEA SALT.

Simplot Good Grains™

- Simplot Good Grains Ancient Grains and Kale Blend 6/2.5lb

An on-trend, complex grain & vegetable dish made easy;Consistent results—just heat and serve;Serve hot or chill after cooking for cold applications;Individually quick frozen for easy portioning



PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 6 minutes, covered, stirring frequently.

SERVING SUGGESTIONS

Perfect bed for fish or poultry. Made with ancient grains, this complex blend can elevate the color, flavor and texture in salads, entrées, soups and sides.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	160	Total Fat	4.5 g	Sodium	240 mg
Protein	4 g	Trans Fat	0 g	Calcium	50 mg
Total Carbohydrates	26 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	1 g	Added Sugars	0 g	Potassium	230 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	60	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	60	Vitamin E		Niacin	
Vitamin C	9 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	CONTAINS	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED
CORN	FREE_FROM				
VEGETARIAN	YES	TRANS_FAT	FREE_FROM	VEGAN	YES

MORE IMAGES



- Simplot Good Grains Ancient Grains and Kale Blend 6/2.5lb



An on-trend, complex grain & vegetable dish made easy; Consistent results—just heat and serve; Serve hot or chill after cooking for cold applications; Individually quick frozen for easy portioning

MORE IMAGES

