Fred's

204941 - FRED'S - Battered Cauliflower - 6/2 lb Bags

Fred's Battered Cauliflower uses premium white cauliflower florets that are fresh and consistent in size. Each floret is coated in a crispy batter for an appealing crunch. Available in a convenient two pound bag for less waste and easier storage. Lacto-Ovo Vegetarian for those with special dietary needs.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
0282220	204941	10050665028229	6/2#

Brand	Brand Owner	GPC Description
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13 LBR	12 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.125 INH	11.875 INH	7 INH	0.63 FTQ	12x6	455 Days	-10 FAH / 0 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_ACT	N/A	N/A	N/A

Nutrition Facts

66 Servings per container

Serving Size **9 Pieces**

Amount Per Serving

Calories **140**

	% Daily Value*
Total Fat 8 g	**10%**
Saturated Fat 1 g	**6%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 300 mg	**13%**
Total Carbohydrates 15 g	**6%**
Dietary Fiber 1 g	**4%**
Total Sugars 1 g	
Includes 0 g Added Sugars	**0%**
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.8 mg	4%
Potassium 130 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store product for no longer than 455 days after production at a temperature between -10 and 0 degrees.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- Coconuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Cauliflower, Water, Bleached Wheat Flour, Yellow Corn Flour, Contains Less Than 2% of: Nonfat Dry Milk, Whey, Dried Whole Eggs, Spices (including Mustard), Soy Flour, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Modified Corn Starch, Sugar, Guar Gum, Methylcellulose, Mono and Diglycerides, Extractives of Paprika (Color), Oleoresin Turmeric (Color), Soybean Oil, Salt. Prefried In Vegetable Oil (Soybean and/or Canola Oil). CONTAINS: WHEAT, SOY, MILK, EGG.

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PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 3-1/2 to 4 minutes.

SERVING SUGGESTIONS

Easy to prepare, just fry and serve! Toss in buffalo sauce and serve in veggie tacos with bleu cheese crumbles or as an alternative to a chicken wing. Great application for Asian buffets – product holds well on steam tables!

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	140	**Total Fat**	8 g	**Sodium**	300 mg
Protein	2 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	15 g	**Saturated Fat**	1 g	**Iron**	0.8 mg
Sugars	1 g	**Added Sugars**	0 g	**Potassium**	130 mg
Dietary Fiber	1 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

MORE IMAGES



