

- FRED'S - Battered Cauliflower - 6/2 lb Bags

Fred's Battered Cauliflower uses premium white cauliflower florets that are fresh and consistent in size. Each floret is coated in a crispy batter for an appealing crunch. Available in a convenient two pound bag for less waste and easier storage. Lacto-Ovo Vegetarian for those with special dietary needs.



MARKETING



Nutrition Facts

66 Servings per container

Serving Size **9 Pieces**

Amount Per Serving
Calories **140**

% Daily Value*

Total Fat 8 g **10%**

Saturated Fat 1 g **6%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 300 mg **13%**

Total Carbohydrates 15 g **6%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

Protein 2 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.8 mg 4%

Potassium 130 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack			
0282220	204941	10050665028229	6/2#			
Brand	Brand Owner	GPC Description				
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
13 LBR	12 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.125 INH	11.875 INH	7 INH	0.63 FTQ	12x6	455 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_ACT	N/A	N/A	N/A			

HANDLING SUGGESTIONS



Store product for no longer than 455 days after production at a temperature between -10 and 0 degrees.

ALLERGENS



C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- Coconuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - N

INGREDIENTS



Cauliflower, Water, Bleached Wheat Flour, Yellow Corn Flour, Contains Less Than 2% of: Nonfat Dry Milk, Whey, Dried Whole Eggs, Spices (including Mustard), Soy Flour, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Modified Corn Starch, Sugar, Guar Gum, Methylcellulose, Mono and Diglycerides, Extractives of Paprika (Color), Oleoresin Turmeric (Color), Soybean Oil, Salt. Prefried In Vegetable Oil (Soybean and/or Canola Oil). CONTAINS: WHEAT, SOY, MILK, EGG.

- FRED'S - Battered Cauliflower - 6/2 lb Bags

Fred's Battered Cauliflower uses premium white cauliflower florets that are fresh and consistent in size. Each floret is coated in a crispy batter for an appealing crunch. Available in a convenient two pound bag for less waste and easier storage. Lacto-Ovo Vegetarian for those with special dietary needs.

PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 3-1/2 to 4 minutes.

SERVING SUGGESTIONS

Easy to prepare, just fry and serve! Toss in buffalo sauce and serve in veggie tacos with bleu cheese crumbles or as an alternative to a chicken wing. Great application for Asian buffets – product holds well on steam tables!

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	140
Protein	2 g
Total Carbohydrates	15 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	300 mg
Calcium	0 mg
Iron	0.8 mg
Potassium	130 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

