Fred's

204917 - FRED'S - Breaded Mushroom - 6/4 lb Bags

Fred's Breaded Mushrooms are whole button mushrooms that are covered in a cracker crumb breading. We use only premium vegetables to ensure freshness and consistency in size. Lacto-Ovo Vegetarian for those with special dietary needs.



MARKETING

No chemical rinse is used to whiten the mushrooms for natural mushroom color. Flavor is locked in by a freezing process after harvesting for natural mushroom flavor. Premium vegetables used with stringent guidelines to ensure freshness and consistent size

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
0125120	204917	10050665012518	6/4#

Brand	Brand Owner	GPC Description
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.25 LBR	24 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.125 INH	11.5 INH	10 INH	1.27 FTQ	8x4	545 Days	-10 FAH / 0 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_ACT	N/A	NOT_APPLICABLE	N/A

Nutrition Facts

123 Servings per container

Serving Size **6 Mushrooms**

Amount Per Serving

Calories **110**

	% Daily Value*
Total Fat 1 g	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 280 mg	**12%**
Total Carbohydrates 22 g	**8%**
Dietary Fiber 1 g	**4%**
Total Sugars 1 g	
Includes 0 g Added Sugars	**1%**
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.2 mg	6%
Potassium 170 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Coconuts - N
- Molluscs - N

INGREDIENTS

Whole Mushrooms, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains Less Than 2% Of: Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Yeast), Torula Yeast, Onion Powder, Garlic Powder, Spice, Yeast Extract, Malt Syrup (Malted Barley, Corn), Dextrose, Modified Food Starch, Soybean Oil, Salt. CONTAINS: WHEAT.

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PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 4½ - 5 minutes.

SERVING SUGGESTIONS

Easy to prepare, just fry and serve! Great as a burger or chicken sandwich topper! Perfect match for a steak compliment.

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	110	**Total Fat**	1 g	**Sodium**	280 mg
Protein	3 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	22 g	**Saturated Fat**	0 g	**Iron**	1.2 mg
Sugars	1 g	**Added Sugars**	0 g	**Potassium**	170 mg
Dietary Fiber	1 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

VEGAN	YES	**VEGETARIAN**	YES

MORE IMAGES



