

- Simplot Good Grains Brown Rice, IQF 1/40lb

A popular, on-trend grain made easy;Consistent results—just heat and serve;Individually quick frozen for easy portion control;Serve hot or chill after cooking for cold applications



MARKETING

Nutrition Facts

125 Servings per container

Serving Size 1 cup (145g)

Amount Per Serving

Calories 230

% Daily Value*

Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrates 48 g	17%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 5 g	

Vitamin D	0 mcg	0%
Calcium	0 mg	0%
Iron	1 mg	6%
Potassium	136 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
10071179035022		204910		10071179035022		1/40#	
Brand		Brand Owner		GPC Description			
Simplot Good Grains™		Simplot Global Food, LLC		Grains/Cereal - Not Ready to Eat - (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition	
41.5 LBR	40 LBR	No		United States	Undeclared	No	
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
16 INH	11.625 INH	12.125 INH	1.3051 FTQ	10x5	547 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
BUY_AMERICAN_PROVISION_USDA		N/A	TRUE		NOT_COVERED_BY_FTL		

HANDLING SUGGESTIONS

Keep frozen 0°F or below

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; INII = 'Intentionally nor Inherently Included' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

WATER, BROWN RICE.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP Heat 3 Tbsp. oil in a skillet on MED-HIGH heat. Add 1 pound of frozen product and cook for 3½ minutes, uncovered, stirring frequently.

SERVING SUGGESTIONS

Use as a bed in protein bowls, or as a whole grain side paired with poultry or fish.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	230	Total Fat	1.5 g	Sodium	5 mg
Protein	5 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	48 g	Saturated Fat	0 g	Iron	1 mg
Sugars	0 g	Added Sugars	0 g	Potassium	136 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	GLUTEN	FREE_FROM	SODIUM_SALT	LOW
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED	CORN	FREE_FROM
TRANS_FAT	FREE_FROM	VEGAN	YES	VEGETARIAN	YES

MORE IMAGES



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