

- Simplot Good Grains Red Quinoa 6/2.5lb

Vegetarian, vegan and gluten-free;Pre-cooked perfection every serving, freezer to plate in minutes;Consistent results—just heat and serve;IQF for easy portioning;Serve hot, or chill after cooking for cold applications



MARKETING



Nutrition Facts

9 Servings per container	
Serving Size	1 cup (126g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 2.5 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 10 mg	0%
Total Carbohydrates 27 g	10%
Dietary Fiber 4 g	14%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%

Protein 6 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 1.9 mg	10%
Potassium 220 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
10071179038009		204907		10071179038009		6/2.5 lbs	
Brand		Brand Owner		GPC Description			
Simplot Good Grains™		Simplot Global Food, LLC		Grains/Cereal - Not Ready to Eat - (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
17 LBR	15 LBR	No		Canada		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
13.375 INH	12 INH	7.125 INH	0.6618 FTQ	12x9	547 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE			NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS



WATER, RED QUINOA.

Simplot Good Grains™

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PREPARATION & COOKING SUGGESTIONS

Skillet SKILLET Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 6 minutes, covered, stirring frequently.

SERVING SUGGESTIONS

Simplot Good Grains™ Red Quinoa is a great stand alone side, as well as going great in salads, soups, & grain bowls.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	150	Total Fat	2.5 g	Sodium	10 mg
Protein	6 g	Trans Fat	0 g	Calcium	20 mg
Total Carbohydrates	27 g	Saturated Fat	0 g	Iron	1.9 mg
Sugars	1 g	Added Sugars	0 g	Potassium	220 mg
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	0	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	GLUTEN	FREE_FROM	SODIUM_SALT	LOW
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED	CORN	FREE_FROM
TRANS_FAT	FREE_FROM	VEGAN	YES	VEGETARIAN	YES

MORE IMAGES



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