

- FRED'S - Breaded Gourmet Crumb Thick Cut Onion Ring 3/4in -...

Our Fred's Gourmet Breaded Onion Rings are expertly crafted from premium, jumbo sweet Spanish onions that are sliced in-house. Each onion ring is coated with a golden layer of panko breading, offering a delightful crunch with every bite. These are then hand-packed with precision to ensure less breakage in the box. Our Gourmet Breaded Onion Rings are not just a side dish, they'r...



MARKETING



Nutrition Facts

88 Servings per container

Serving Size 3 Onion Rings

Amount Per Serving
Calories **110**

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 490 mg **21%**

Total Carbohydrates 23 g **8%**

Dietary Fiber 1 g **4%**

Total Sugars 2 g

Includes 1 g Added Sugars **1%**

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0 mg 0%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
0290020	204611	10050665029004	8/2#			
Brand	Brand Owner	GPC Description				
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
19.2 LBR	16 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.75 INH	12 INH	11 INH	1.2 FTQ	10x4	545 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_ACT	N/A	N/A	N/A			

HANDLING SUGGESTIONS



Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

ALLERGENS



C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - C
- Sesame - N
- Coconuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - N

INGREDIENTS



Sweet Spanish Onions, Water, Bleached Wheat Flour, Yellow Corn Flour, Modified Food Starch. Contains less than 2% of: Onion Powder, Soy Flour, Spice, Whey (Milk), Salt, Sugar, Soybean Oil, Dextrose, Yeast, Natural Flavor, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Guar Gum, FD & C Yellow #5 & #6. CONTAINS: WHEAT, SOY, MILK.

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PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 2½ minutes.

SERVING SUGGESTIONS

Great as a side dish, an entrée topper, a sandwich filler or an exciting garnish! Use as a substitute for French fries. Serve with a variety of dips. Great starter item or when served in an appetizer platter.

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	110
Protein	3 g
Total Carbohydrates	23 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	490 mg
Calcium	0 mg
Iron	0 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

VEGETARIAN	YES
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