

- Simplot Simple Goodness Premium Vegetables Whole Edamame 6/...

Great source of protein in a plant-based dish; Perfect for vegan/vegetarian menu trends; Farm-fresh flavor and color; Consistent year-round quality and pricing



MARKETING



Nutrition Facts

8 Servings per container
Serving Size 2/3 cup (85g) edible portion

Amount Per Serving
Calories 90

	% Daily Value*
Total Fat 4 g	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrates 7 g	3%
Dietary Fiber 4 g	15%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%

Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 50 mg	4%
Iron 1.8 mg	10%
Potassium 410 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack			
10071179003236	204601	10071179003236	6/2.5 lbs			
Brand	Brand Owner	GPC Description				
Simplot Simple Goodness™	Simplot Global Food, LLC	Vegetables - Prepared/Processed (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
16.25 LBR	15 LBR	No	China	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.625 INH	11 INH	6.125 INH	0.5702 FTQ	11x7	730 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **INI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - N
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

INGREDIENTS



SOYBEANS. CONTAINS: SOY.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

SERVING SUGGESTIONS

This high quality edamame is perfect to heat and eat directly from the pod. Serve as a garnish to an entree or as a stand-alone appetizer for added Asian flair.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	90
Protein	9 g
Total Carbohydrates	7 g
Sugars	2 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	8 mg
Magnesium	
Monosodium	

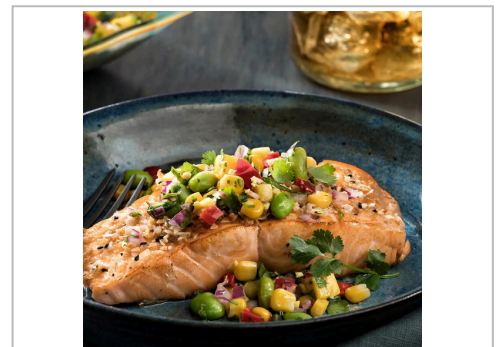
Total Fat	4 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	5 mg
Calcium	50 mg
Iron	1.8 mg
Potassium	410 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED
CORN	FREE_FROM	TRANS_FAT	FREE_FROM	VEGAN	YES
VEGETARIAN	YES				

MORE IMAGES



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