Simplot Simple Goodness™

204601 - Simplot Simple Goodness Premium Vegetables Whole Edam...

Great source of protein in a plant-based dish;Perfect for vegan/vegetarian menu trends;Farm-fresh flavor and color;Consistent year-round quality and pricing



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10071179003236	204601	10071179003236	6/2.5 lbs

Brand	Brand Owner	GPC Description
Simplot Simple Goodness™	Simplot Global Food, LLC	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16.25 LBR	15 LBR	No	China	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.625 INH	11 INH	6.125 INH	0.5702 FTQ	11x7	730 Days	-10 FAH / 10 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	FALSE	NOT_COVERED_BY_FTL

Nutrition Facts

8 Servings per container

Serving Size 2/3 cup (85g) edible portion

Amount Per Serving	
Calories	**90**
	% Daily Value*
Total Fat 4 g	**5%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 5 mg	**0%**
Total Carbohydrates 7 g	**3%**
Dietary Fiber 4 g	**14%**
Total Sugars 2 g	
Includes 0 g Added Sugars	**0%**
Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 50 mg	4%
Iron 1.8 mg	10%
Potassium 410 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep frozen 0°F or below

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - C
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

SOYBEANS. CONTAINS: SOY.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

SERVING SUGGESTIONS

This high quality edamame is perfect to heat and eat directly from the pod. Serve as a garnish to an entree or as a stand-alone appetizer for added Asian flair.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	90	**Total Fat**	4 g	**Sodium**	5 mg
Protein	9 g	**Trans Fat**	0 g	**Calcium**	50 mg
Total Carbohydrates	7 g	**Saturated Fat**	0 g	**Iron**	1.8 mg
Sugars	2 g	**Added Sugars**	0 g	**Potassium**	410 mg
Dietary Fiber	4 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)	10	**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)	10	**Vitamin E**		**Niacin**	
Vitamin C	8 mg	**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

SODIUM_SALT	LOW	**HIGH_FRUCTOSE_CORN_SYRUP**	FREE_FROM	**MSG**	NO_ADDED
CORN	FREE_FROM				
VEGETARIAN	YES	**TRANS_FAT**	FREE_FROM	**VEGAN**	YES

MORE IMAGES







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