Fred's

204034 - FRED'S - Spicy Green Bean Fancy Fries - 6/2 lb Bags

Fred's Spicy Green Beans are part of our Fancy Fries™ line; elevated appetizers and sides that are tasty gourmet alternatives to traditional vegetables. We use crisp, premium green beans that are coated with a spicy breading for a kick of flavor. Available in a convenient two pound bag for less waste and easier storage. Lacto-Ovo Vegetarian for those with special dietary needs...



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
0275020	204034	10050665027505	6/2#

Brand	Brand Owner	GPC Description
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.7 LBR	12 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.375 INH	12 INH	7.125 INH	0.76 FTQ	10x6	545 Days	-10 FAH / 0 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_ACT	N/A	N/A	N/A

Nutrition Facts

66 Servings per container

Serving Size **15 Green Beans**

Amount Per Serving

Calories **190**

	% Daily Value*
Total Fat 10 g	**12%**
Saturated Fat 1.5 g	**7%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 66 mg	**29%**
Total Carbohydrates 22 g	**8%**
Dietary Fiber 2 g	**7%**
Total Sugars 2 g	
Includes 0 g Added Sugars	**1%**
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.9 mg	6%
Potassium 120 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - C
- Tree - N
- Soybean - C
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Coconuts - N
- Molluscs - N

INGREDIENTS

Green Beans, Bleached Wheat Flour, Water, Contains Less Than 2% of: Dried Onion, Dried Garlic, Dried Whole Egg, Yellow Corn Flour, Natural and Artificial Flavors, Soy Flour, Dried Yeast, Spice Extracts, Paprika Extract (color), Whey, Yeast Extract, Spice, Modified Food Starch, Dextrose, Maltodextrin, Disodium Inosinate And Disodium Guanylate, Gum Arabic, Butter Oil, Sugar, Salt, Soybean Oil, Caramel Color, Yellow 6, Red 40, Blue 1 and Yellow 5. Prefried in Vegetable Oil (Soybean and/or Canola). CONTAINS: WHEAT, EGG, SOY, MILK

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PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 1½ - 2 minutes.

SERVING SUGGESTIONS

Excellent when paired with favorite dipping sauce. Great substitute for french fries, topper to salad, or burger/chicken topper.

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	190	**Total Fat**	10 g	**Sodium**	66 mg
Protein	3 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	22 g	**Saturated Fat**	1.5 g	**Iron**	0.9 mg
Sugars	2 g	**Added Sugars**	0 g	**Potassium**	120 mg
Dietary Fiber	2 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

VEGETARIAN	YES

MORE IMAGES



