Fred's

204018 - FRED'S - Breaded Cauliflower with Cheese Flavor - 6/4...

Fred's Breaded Cauliflower with Cheese Flavor uses premium white cauliflower florets that are fresh and consistent in size. Each floret is coated in a zesty cheddar cheese breading with cracker crumbs for a homemade appearance. Lacto-Ovo Vegetarian for those with special dietary needs.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
0127620	204018	10050665012761	6/4#

Brand	Brand Owner	GPC Description
Fred's	Ajinomoto Foods NA	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.25 LBR	24 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.125 INH	11.5 INH	10 INH	1.27 FTQ	8x4	545 Days	-10 FAH / 0 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_ACT	N/A	N/A	N/A

Nutrition Facts

126 Servings per container

Serving Size **8 Cauliflower Florets**

Amount Per Serving

Calories **100**

	% Daily Value*
Total Fat 1 g	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 460 mg	**20%**
Total Carbohydrates 19 g	**7%**
Dietary Fiber 1 g	**5%**
Total Sugars 2 g	
Includes 0 g Added Sugars	**0%**
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.7 mg	4%
Potassium 180 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - C
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Coconuts - N
- Molluscs - N

INGREDIENTS

Cauliflower, Bleached Wheat Flour, Water, Contains Less Than 2% of: Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Buttermilk Solids, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Dextrose, Torula Yeast, Mono and Diglycerides, Extractives of Paprika and Turmeric, Palm Oil, Salt. CONTAINS: WHEAT, MILK.

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PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 3¼ minutes.

SERVING SUGGESTIONS

Easy to prepare, just fry and serve! Great tossed in buffalo sauce and served in veggie tacos with bleu cheese crumbles. Great for Meatless Monday taco's - or "cauliwings"!!

MORE INFORMATION

Website : www.ajinomotofoodservice.com

NUTRITIONAL ANALYSIS

Calories	100	**Total Fat**	1 g	**Sodium**	460 mg
Protein	3 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	19 g	**Saturated Fat**	0 g	**Iron**	0.7 mg
Sugars	2 g	**Added Sugars**	0 g	**Potassium**	180 mg
Dietary Fiber	1 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

VEGETARIAN	YES

MORE IMAGES



