Simplot Simple Goodness™

203851 - Simplot Simple Goodness Classic Vegetables Cauliflowe...

Premium-quality cauliflower, known for its high fiber and low carbs;Hand-cut for uniformity and even cooking;Compare to raw trim loss of 45%;Consistent year-round quality and pricing;Individually quick frozen for easy portioning and less waste



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10071179185017	203851	10071179185017	12/2 lbs

Brand	Brand Owner	GPC Description
Simplot Simple Goodness™	Simplot Global Food, LLC	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.25 LBR	24 LBR	No	Mexico	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.125 INH	11.5 INH	11.125 INH	1.2679 FTQ	9x8	730 Days	-10 FAH / 10 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	FALSE	NOT_COVERED_BY_FTL

Nutrition Facts

10 Servings per container

Serving Size **1 cup (94g)**

Amount Per Serving

Calories **25**

	% Daily Value*
Total Fat 0 g	**0%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 20 mg	**1%**
Total Carbohydrates 4 g	**1%**
Dietary Fiber 2 g	**7%**
Total Sugars 2 g	
Includes 0 g Added Sugars	**0%**
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 0.4 mg	2%
Potassium 180 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep frozen 0°F or below

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***INII*** *= 'Intentionally nor Inherently Included';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

CAULIFLOWER.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP 1. Bring 4 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 7 minutes, stirring as needed.

SERVING SUGGESTIONS

Manage food costs and enjoy the flavors of fresh all year long. Serve "as is," make your own signature blends with fresh ingredients or simply toss with seasonings and sauces for a flavorful side.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	25
Protein	2 g
Total Carbohydrates	4 g
Sugars	2 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	28 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	20 mg
Calcium	20 mg
Iron	0.4 mg
Potassium	180 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	FREE_FROM	TRANS_FAT	FREE_FROM
VEGAN	YES	VEGETARIAN	YES		

MORE IMAGES







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MORE IMAGES

