Hiland

195529 - Hiland Dairy, Milk, Fat Free, Skim, Pint (236mL), Pa...

Although skim milk has fewer calories and no fat, it still measures up to the other varieties of milk when it comes to nutritional value and calcium. Excellent way to get calcium intake without the unwanted fat and calories.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
9198	195529	30072060000819	50 / 8.0 OZA

Brand	Brand Owner	GPC Description
Hiland	Prairie Farms Dairy, Inc.	Milk (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31.17 LBR	28.84 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.5 INH	12.5 INH	11 INH	0.995 FTQ	12x5	18 Days	33 FAH / 39 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

Servings per container

Serving Size

Amount Per Serving

Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrates	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugars	%
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Maintain below 40 degrees F.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - NI
- Peanuts - NI
- Eggs - NI
- Tree - NI
- Soybean - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI

INGREDIENTS

Hiland

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PREPARATION & COOKING SUGGESTIONS

Open and Serve

SERVING SUGGESTIONS

Beverage for any meal or snack.

MORE INFORMATION

NUTRITIONAL ANALYSIS

NUTRITIONAL CLAIMS

KOSHER	YES
FREE_FROM_GLUTEN	YES