



MARKETING

Nutrition Facts

Servings per container

Serving Size30 Grams

Amount Per Serving

Calories60

% Daily Value*

Total Fat 6 g8%

Saturated Fat 4 g20%

Trans Fat 0 g

Cholesterol 15 mg5%

Sodium 45 mg2%

Total Carbohydrates 2 g1%

Dietary Fiber 0 g0%

Total Sugars 1 g

Includes 0 g Added Sugars0%

Protein 1 g

Vitamin D 0 mcg0%

Calcium 30 mg2%

Iron 0 mg0%

Potassium 0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
9224	193046	20072060004001	4/5#			
Brand	Brand Owner		GPC Description			
Hiland	Prairie Farms Dairy, Inc.		Dairy By-Products			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
22.875 LBR	20 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13 INH	13 INH	11 INH	1.0758 FTQ	9x6	60 Days	33 FAH / 39 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Plastic containers - Maintain below 40 degrees F.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - NI

Soybean - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree - NI

Fish - NI

Shellfish - NI

INGREDIENTS

CULTURED GRADE A MILK AND CREAM, NONFAT DRY MILK, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, SODIUM CITRATE, LOCUST BEAN GUM, NATAMYCIN (NATURAL PRESERVATIVE)

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Hiland

193046 - Hiland Sour Cream, 5 lb tub

Real sour cream is a natural dairy product.



PREPARATION & COOKING SUGGESTIONS

Open and Serve

SERVING SUGGESTIONS

Use as a condiment with snacks and meals or use in recipes and sauces.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	60	Total Fat	6 g	Sodium	45 mg
Protein	1 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	2 g	Saturated Fat	4 g	Iron	0 mg
Sugars	1 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

