Santa Lucia

127851 - 2/5 LB SANTA LUCIA QUINOA - CONVENTIONAL

Our White Quinoa is an ancient grain that originated in Peru. Due to its numerous health benefits and universal flavor profile quinoa has quickly become one of the most popular grains on the market. Seamlessly substitute quinoa for rice, couscous, orzo or other grains and pastas for a delicious yet healthy dish. Capable of being used in a hearty breakfast bowl, sprinkled over ...



MARKETING

NON-GMO. GLUTEN-FREE

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
35750AA	127851	10719303357502	2/5 LB

Brand	Brand Owner	GPC Description
Santa Lucia	Rema Foods	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
20 LBR	10.7 LBR	No	Peru	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.61 INH	7.6 INH	7.28 INH	0.28 FTQ	16x11	730 Days	40 FAH / 80 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

100 Servings per container

Serving Size **32g**

Amount Per Serving

Calories **170**

	% Daily Value*
Total Fat 2.5	**4%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 0 mg	**0%**
Total Carbohydrates 30 g	**11%**
Dietary Fiber 3 g	**11%**
Total Sugars 0 g	
Includes 0 g Added Sugars	**0%**
Protein 6 g	
Vitamin D 0 mg	0%
Calcium 30 mg	2%
Iron 1.8 mg	10%
Potassium 240 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store in a cool dry place.

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***INII*** *= 'Intentionally nor Inherently Included';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Whole white quinoa grain

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PREPARATION & COOKING SUGGESTIONS

Rinse and rub the quinoa. Add one part of quinoa to two parts of liquid (water or broth) in a saucepan. Bring to a boil. Reduce the heat to a simmer and cover. Cook until water is absorbed, about 15 minutes. Turn the heat off and let it sit covered for 5 minutes. Season with salt and pepper.

SERVING SUGGESTIONS

Season with salt and pepper.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	170
Protein	6 g
Total Carbohydrates	30 g
Sugars	0 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	0 mg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	30 mg
Iron	1.8 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM

KOSHER	YES