

- Simplot Simple Goodness Premium Vegetables Shelled Edamame ...

Great source of protein in a plant-based dish; High quality, farm-fresh flavor and color; Reduces costly labor—just heat and serve; Consistent year-round quality and pricing



MARKETING



Nutrition Facts

13 Servings per container

Serving Size 2/3 cup (84g)

Amount Per Serving
Calories **100**

% Daily Value*

Total Fat 4 g **5%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 5 mg **0%**

Total Carbohydrates 6 g **2%**

Dietary Fiber 4 g **14%**

Total Sugars 2 g

Includes 0 g Added Sugars **0%**

Protein 9 g

Vitamin D 0 mcg 0%

Calcium 50 mg 4%

Iron 1.8 mg 10%

Potassium 405 mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



| Code | Dist Prod Code | GTIN | Calculated Pack | | | |
|--------------------------|--------------------------|--|---|------------|-----------------|----------------------|
| 10071179522768 | 102744 | 10071179522768 | 6/2.5 lbs | | | |
| Brand | Brand Owner | GPC Description | | | | |
| Simplot Simple Goodness™ | Simplot Global Food, LLC | Vegetables - Prepared/Processed (Frozen) | | | | |
| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition | |
| 16.25 LBR | 15 LBR | No | China | Undeclared | No | |
| Shipping | | | | | | |
| Length | Width | Height | Volume | Tlx/Hi | Shelf Life | Storage Temp From/To |
| 13.375 INH | 12 INH | 5.125 INH | 0.476 FTQ | 12x11 | 730 Days | -10 FAH / 10 FAH |
| Traceability Regulation | | | | | | |
| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors | | | |
| TRACEABILITY_REGULATION | FSMA204 | NOT_APPLICABLE | NOT_COVERED_BY_FTL | | | |

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

INGREDIENTS



SOYBEANS. CONTAINS: SOY.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté **STOVE TOP** 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

SERVING SUGGESTIONS

This shelled edamame offers bright green color, delicious flavor and texture. Perfect for grain bowls, salads, and vegan and vegetarian recipes. Edamame is the only vegetable that contains all nine essential amino acids, serving as a complete protein for a healthful diet.

MORE INFORMATION

NUTRITIONAL ANALYSIS

| | |
|---------------------|------|
| Calories | 100 |
| Protein | 9 g |
| Total Carbohydrates | 6 g |
| Sugars | 2 g |
| Dietary Fiber | 4 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | 0 |
| Vitamin A (RE) | 0 |
| Vitamin C | 8 mg |
| Magnesium | |
| Monosodium | |

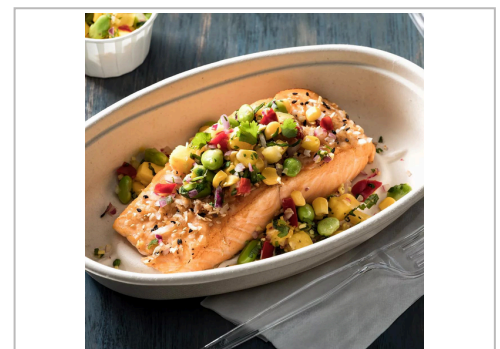
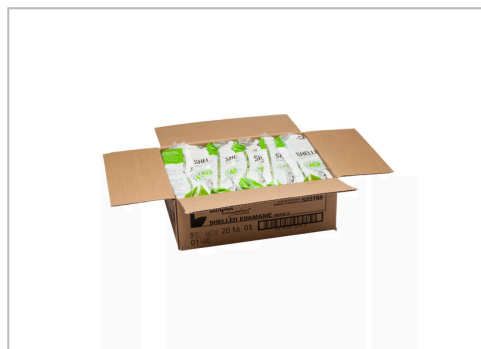
| | |
|---------------------|-------|
| Total Fat | 4 g |
| Trans Fat | 0 g |
| Saturated Fat | 0.5 g |
| Added Sugars | 0 g |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 0 mg |
| Vitamin D | 0 mcg |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--------|
| Sodium | 5 mg |
| Calcium | 50 mg |
| Iron | 1.8 mg |
| Potassium | 405 mg |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS

| | | | | | |
|-------------|-----------|--------------------------|-----------|-------|----------|
| SODIUM_SALT | LOW | HIGH_FRUCTOSE_CORN_SYRUP | FREE_FROM | MSG | NO_ADDED |
| CORN | FREE_FROM | TRANS_FAT | FREE_FROM | VEGAN | YES |
| VEGETARIAN | YES | | | | |

MORE IMAGES



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