

# - 6/3 KG WORLD HORI ARTICHOKE QUARTERED 30504

Our artichokes are sourced from some of the best growing regions in the world. Known for having an exceptional growing climate, Peru and Spain consistently produces some of the best artichokes on the market. Processed using only globe artichokes, these items have a mild, earthy, sweet flavor that serves as the perfect complement to a large variety of dishes and food items. Ten...



### MARKETING

\* Strict production and quality standards ensure consistent sizing and quality. \* Saves both time and labor compared to trimming and cooking artichokes from scratch. \* Versatile ingredient capable of being used across a range of menu items \* Good source of vitamin A, potassium and phosphorus. \* High in fiber. \* Clean yellow/green color free from oxidation \* Consistently short stems for higher percentage of hearts to leaves compared to MB items

## Nutrition Facts

72 Servings per container

**Serving Size** 130g

**Amount Per Serving**  
**Calories** 40

% Daily Value\*

**Total Fat** 0 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 g 0%

**Sodium** 430 g 18%

**Total Carbohydrates** 7 g 3%

Dietary Fiber 3 g 11%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

**Protein** 2 g

Vitamin D 0 mg %

Calcium 40 mg 4%

Iron 0.8 mg 4%

Potassium 260 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
20038WH	074211	10752549305043	6/3 KG			
Brand		Brand Owner	GPC Description			
World Horizons		Unipro Foodservice Inc.	Globe Artichokes			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
40 LBR	39.09 LBR	No	Peru	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.4 INH	12.13 INH	6 INH	0.83 FTQ	8x7	730 Days	40 FAH / 80 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

STORE IN A COOL, DRY PLACE.

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - NI
- Soybean - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree - NI
- Fish - NI
- Shellfish - NI

### INGREDIENTS

Quartered artichokes, water, salt, and citric acid.

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### PREPARATION & COOKING SUGGESTIONS

Open and use

### SERVING SUGGESTIONS

Use in salad

### MORE INFORMATION

### NUTRITIONAL ANALYSIS

Calories	40
Protein	2 g
Total Carbohydrates	7 g
Sugars	1 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 g
Vitamin D	0 mg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 g
Calcium	40 mg
Iron	0.8 mg
Potassium	260 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS

### MORE IMAGES

