

- Gold Medal Sweet Rewards Muffin Mix Box Low Fat Variety 6/4...

Gold Medal(TM) low fat variety muffin mix in an easy, "just add water" format, and can be used as a base for a variety of muffin and quick bread recipes. Great for muffins and muffin tops. Available in cost-effective, 4.5 lb bulk format for smaller operations.



MARKETING

Gold Medal low fat variety muffin mix in an easy, just add water format, and can be used as a base for a variety of muffin and quick bread recipes. Highly tolerant formulas forgive minor preparation errors and eliminate waste.. Available in a cost effective, 4.5 pound bulk format.. Golden brown baked color and bold mushroom shaped crown give muffins a desirable scratch like appearance.. Muffins are popular at all times of the day and can be served sweet or savory.

Nutrition Facts

162 Servings per container
Serving Size 1/2 cup mix (76g) makes 2 muffins

Amount Per Serving	% Daily Value*
Calories	290
Total Fat 3	4%
Saturated Fat 1 g	4%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 600 mg	26%
Total Carbohydrates 63 g	23%
Dietary Fiber 1 g	3%
Total Sugars 35 g	
Includes 35 g Added Sugars	69%

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
1156000	061424	10016000115603	6/4.5 LB			
Brand	Brand Owner	GPC Description				
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
31.100 LBR	27.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep in a dry cool place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS

C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

INGREDIENTS: SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, EGGS WITH SODIUM SILICOALUMINATE, DEXTROSE. CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SOYBEAN OIL, SALT, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, DATEM, ETHOXYLATED MONO AND DIGLYCERIDES, XANTHAN GUM, NATURAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR, BHT (PRESERVATIVE), SOY FLOUR, NONFAT MILK.

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PREPARATION & COOKING SUGGESTIONS

Standard Prep: Just add water. One stage mix with 40 seconds of mixing time. Scoop batter into paper lined or greased muffin pans. Bake time 15-17 minutes in 375 degrees F convection oven. See package for complete mixing and baking instructions.

SERVING SUGGESTIONS

1/2 Cup Mix (76g) Makes 2 Muffins

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	383.814
Protein	5.049 g
Total Carbohydrates	82.598 g
Sugars	45.906 g
Dietary Fiber	1.064 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.692
Trans Fat	0.021 g
Saturated Fat	1.072 g
Added Sugars	45.579 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	60.902 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	783.672 mg
Calcium	
Iron	2.57 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FIBRE	EXCELLENT_SOURCE_OF	FAT	LOW	SATURATED_FAT	LOW
ARTIFICIAL_SWEETENERS	FREE_FROM	MSG	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	FIBRE	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	VEGETARIAN	YES	KOSHER	YES

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