Gold Medal

061424 - Gold Medal Sweet Rewards Muffin Mix Box Low Fat Varie...

Gold Medal(TM) low fat variety muffin mix in an easy, "just add water" format, and can be used as a base for a variety of muffin and quick bread recipes. Great for muffins and muffin tops. Available in cost-effective, 4.5 lb bulk format for smaller operations.



MARKETING

Gold Medal low fat variety muffin mix in an easy, just add water format, and can be used as a base for a variety of muffin and quick bread recipes. Highly tolerant formulas forgive minor preparation errors and eliminate waste.. Available in a cost effective, 4.5 pound bulk format.. Golden brown baked color and bold mushroom shaped crown give muffins a desirable scratch like appearance.. Muffins are popular at all times of the day and can be served sweet or savory.

Nutrition Facts

162 Servings per container

Serving Size **1/2 cup mix (76g) makes 2 muffins**

Amount Per Serving	
Calories	**290**
	% Daily Value*
Total Fat 3	**4%**
Saturated Fat 1 g	**4%**
Trans Fat 0 g	
Cholesterol 45 mg	**15%**
Sodium 600 mg	**26%**
Total Carbohydrates 63 g	**23%**
Dietary Fiber 1 g	**3%**
Total Sugars 35 g	
Includes 35 g Added Sugars	**69%**
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 2 mg	10%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11560000	061424	10016000115603	6/4.5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31.100 LBR	27.000 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

HANDLING SUGGESTIONS

Keep in a dry cool place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

INGREDIENTS: SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, EGGS WITH SODIUM SILICOALUMINATE, DEXTROSE. CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SOYBEAN OIL, SALT, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, DATEM, ETHOXYLATED MONO AND DIGLYCERIDES, XANTHAN GUM, NATURAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR, BHT (PRESERVATIVE), SOY FLOUR, NONFAT MILK.

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PREPARATION & COOKING SUGGESTIONS

Standard Prep: Just add water. One stage mix with 40 seconds of mixing time. Scoop batter into paper lined or greased muffin pans. Bake time 15-17 minutes in 375 degrees F convection oven. See package for complete mixing and baking instructions.

SERVING SUGGESTIONS

1/2 Cup Mix (76g) Makes 2 Muffins

MORE INFORMATION

E-mail : gmi.gdsn@genmills.com

NUTRITIONAL ANALYSIS

Calories	290
Protein	4 g
Total Carbohydrates	63 g
Sugars	35 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	35 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	45 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	600 mg
Calcium	0 mg
Iron	2 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_FLAVOUR	FREE_FROM	TRANS_FAT	FREE_FROM	FIBRE	GOOD_SOURCE_OF
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
FIBRE	EXCELLENT_SOURCE_OF	SATURATED_FAT	LOW	MSG	FREE_FROM
FAT	LOW	KOSHER	YES	VEGETARIAN	YES

MORE IMAGES





