

- Gold Medal Muffin Mix Box Blueberry 6/4.87 LB

Gold Medal(TM) blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations.



MARKETING

A blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries.. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations.. Golden brown baked color and bold mushroom shaped crown give muffins a desirable scratch like appearance. Muffins maintain fresh-baked appearance after 24 hours leading to more profit.. Highly tolerant formulas forgive minor preparation errors and eliminate waste.. Available in cost effective, 4.87 pound bulk format

Nutrition Facts

126 Servings per container

Serving Size 1/2 cup mix (89g) makes 2 muffins

Amount Per Serving

Calories **300**

% Daily Value*

Total Fat 8 **10%**

Saturated Fat 4 g **19%**

Trans Fat 0 g

Cholesterol 5 mg **1%**

Sodium 450 mg **20%**

Total Carbohydrates 56 g **20%**

Dietary Fiber 1 g **4%**

Total Sugars 30 g

Includes 28 g Added Sugars **55%**

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1.5 mg 8%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
11547000	061093	10016000115474	6/4.87 LB			
Brand	Brand Owner	GPC Description				
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
34.100 LBR	29.220 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Store in a cool, dry location. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL. CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED WHEY, DEXTROSE, MONO AND DIGLYCERIDES, SALT, EGGS WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NONFAT MILK, NATURAL FLAVOR, SOY FLOUR. CAN OF BLUEBERRIES INGREDIENTS: BLUEBERRIES, WATER, LIQUID SUGAR.

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PREPARATION & COOKING SUGGESTIONS

Yield #20 Scoop, Mini Muffin: 1.7 oz batter, Full Batch: 58, Half Batch: 29 #16 Scoop, Standard Muffin: 2.2 oz batter, Full Batch: 42, Half Batch: 21 #10 Scoop, Standard Muffin: 3.4 oz batter, Full Batch: 29, Half Batch: 14 #8 Scoop, Jumbo Muffin: 4.2 oz batter, Full Batch: 22, Half Batch: 11
 Ingredients Cool Water (Approx 72°F): Full Batch: 3 ½ cups (1 lb 12 oz), Half Batch: 1 ¾ cups (14 oz)
 Mix: Full Batch: Full Box (3 lb 4 oz), Half Batch: 5 ½ cups (1 lb 10 oz) Canned Blueberries, Drained: Full Batch: Full Can (Approx 2 cups), Half Batch: Half Can (Approx 1 cup)
 Mixing Directions Hand Mixing Pour total amount of water into mixing bowl. Add muffin mix. Mix using a rubber spatula or wire whip until batter is well blended. Fold in drained blueberries. Do not overmix. Deposit batter into paper lined or generously greased/sprayed muffin cups.
 Machine Mixing Pour total amount of water into mixer ...

SERVING SUGGESTIONS

Standard directions will produce 29--3.4 oz (#10 scoop) muffins per box. Mix can also be used for quick breads, coffee cakes, cookies, biscotti, and more.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	340.293
Protein	2.936 g
Total Carbohydrates	62.467 g
Sugars	33.406 g
Dietary Fiber	1.375 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8.743
Trans Fat	0.028 g
Saturated Fat	4.311 g
Added Sugars	30.973 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	3.584 mg
Vitamin D	0.017 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	506.748 mg
Calcium	20.652 mg
Iron	1.735 mg
Potassium	81.21 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_SWEETENERS	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	VEGETARIAN	YES	KOSHER	YES

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