Gold Medal

061093 - Gold Medal Muffin Mix Box Blueberry 6/4.87 LB

Gold Medal(TM) blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations.



MARKETING

A blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries.. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations.. Golden brown baked color and bold mushroom shaped crown give muffins a desirable scratch like appearance. Muffins maintain fresh-baked appearance after 24 hours leading to more profit.. Highly tolerant formulas forgive minor preparation errors and eliminate waste.. Available in cost effective, 4.87 pound bulk format

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11547000	061093	10016000115474	6/4.87 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	29.220 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	UNSPECIFIED	N/A

Nutrition Facts

126 Servings per container

Serving Size 1/2 cup mix (89g) makes 2 muffins

Amount Per Serving	
Calories	**300**
	% Daily Value*
Total Fat 8	**10%**
Saturated Fat 4 g	**19%**
Trans Fat 0 g	
Cholesterol 5 mg	**1%**
Sodium 450 mg	**20%**
Total Carbohydrates 56 g	**20%**
Dietary Fiber 1 g	**4%**
Total Sugars 30 g	
Includes 28 g Added Sugars	**55%**
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep in a cool, dry place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Cereals - MC
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII
- Peanuts - INII
- Tree - NI
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII

INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL. CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED WHEY, DEXTROSE, MONO AND DIGLYCERIDES, SALT, OAT FIBER, GUAR GUM, NONFAT MILK, EGGS WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NATURAL FLAVOR, SOY FLOUR. CAN OF BLUEBERRIES INGREDIENTS: BLUEBERRIES, WATER, LIQUID SUGAR.

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PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package.

SERVING SUGGESTIONS

Standard directions will produce 29--3.4 oz (#10 scoop) muffins per box. Mix can also be used for quick breads, coffee cakes, cookies, biscotti, and more.

MORE INFORMATION

E-mail : gmi.gdsn@genmills.com

NUTRITIONAL ANALYSIS

Calories	300	**Total Fat**	8	**Sodium**	450 mg
Protein	3 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	56 g	**Saturated Fat**	4 g	**Iron**	1.5 mg
Sugars	30 g	**Added Sugars**	28 g	**Potassium**	0 mg
Dietary Fiber	1 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	5 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C		**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

ARTIFICIAL_FLAVOUR	FREE_FROM	**ARTIFICIAL_SWEETENERS**	FREE_FROM	**HIGH_FRUCTOSE_CORN_SYRUP**	FREE_FROM
TRANS_FAT	FREE_FROM	**KOSHER**	YES	**VEGETARIAN**	YES

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