

- Gold Medal Golden Valley Pancake Mix Box Complete Buttermil..

Gold Medal™ consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with wheat base formula and sweeter vanilla flavor.



MARKETING

Taste the Gold Medal difference. Consistent, tolerant, and easy to use in a "just add water" format, this mix is formulated to produce buttermilk pancakes with wheat base formula and sweeter vanilla flavor.. Cost-effective, 5 lb bulk format for smaller operations.. Recommended for commercial and cafeteria kitchens serving quality breakfast offerings.. Add water only formula has high water absorption rate for better yield (more pancakes per box). Exceptional after-mix hold time means little batter wasted from gassing out.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
10832000	060164	10016000108322	6/5 LB			
Brand	Brand Owner	GPC Description				
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
33.500 LBR	30.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	UNSPECIFIED	N/A			

Nutrition Facts

186 Servings per container

Serving Size 1/2 cup + 1T mix (72g) makes 3 - 4" pancakes

Amount Per Serving
Calories **270**

% Daily Value*

Total Fat 3.5 **5%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 10 mg **3%**

Sodium 820 mg **36%**

Total Carbohydrates 52 g **19%**

Dietary Fiber 2 g **7%**

Total Sugars 10 g

Includes 9 g Added Sugars **18%**

Protein 6 g

Vitamin D 0 mcg 0%

Calcium 110 mg 8%

Iron 2.8 mg 15%

Potassium 140 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep in a cool, dry place. Pancake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, DEFATTED SOY FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE, BUTTERMILK, SALT, EGGS WITH SODIUM SILICOALUMINATE, SOY LECITHIN.

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PREPARATION & COOKING SUGGESTIONS

Please refer to the product packaging for baking instructions.

SERVING SUGGESTIONS

1/2 Cup + 1t Mix (72g) Makes 3 - 4" Pancakes

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	368.122
Protein	8.443 g
Total Carbohydrates	71.964 g
Sugars	13.844 g
Dietary Fiber	2.754 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5.166
Trans Fat	0.017 g
Saturated Fat	2.191 g
Added Sugars	12.682 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	13.194 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1141.018 mg
Calcium	156.21 mg
Iron	3.914 mg
Potassium	192.088 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_PRESERVATIVES	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	IRON	GOOD_SOURCE_OF
TRANS_FAT	FREE_FROM	SUGARS	NO_ADDED		FREE_FROM	
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	
VEGETARIAN	YES	KOSHER	YES			

MORE IMAGES

