

- Apple Cinnamon Cheerios Gluten Free Single Serve Bowlpak 25...

Enjoy the comforting taste of sweetened whole grain oat Apple Cinnamon Cheerios, a gluten-free cereal without artificial flavors or colors from artificial sources. Perfect for K-12 breakfast programs, each single-serve bowl offers portion control and room for milk. Ideal for a classroom or grab 'n go snack. Credits for 1 oz. equivalent grain , Smart Snacks compliant, and CACFP ...



MARKETING

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible.. Single-serve bowl offers portion control and room for milk, great for breakfast or snacks.. 96 - 1 oz single serve branded bowls per case, ideal for quick and easy service.. Delicious cereal with Apple cinnamon taste, and gluten-free. Whole grain-rich with no artificial flavors. . Kosher pareve, no high fructose corn syrup, made without gelatin, whole grain-rich.

Nutrition Facts

96 Servings per container

Serving Size 1 bowl (28g)

Amount Per Serving

Calories **110**

% Daily Value*

Total Fat 2 **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 130 mg **6%**

Total Carbohydrates 22 g **8%**

Dietary Fiber 2 g **9%**

Total Sugars 6 g

Includes 6 g Added Sugars **12%**

Protein 3 g

Vitamin D 3 mcg 15%

Calcium 90 mg 6%

Iron 2.7 mg 15%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
31879000	059907	10016000318790	96/1 OZ			
Brand	Brand Owner	GPC Description				
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.200 LBR	6.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	14.120 INH	1.77900 FTQ	9x7	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - NI
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Apple Puree Concentrate, Canola and/or Sunflower Oil, Corn Syrup, Refiner's Syrup, Salt, Cinnamon, Trisodium Phosphate, Rosemary Extract. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	390
Protein	10 g
Total Carbohydrates	78 g
Sugars	22 g
Dietary Fiber	9 g
Lactose	
Sucrose	
Vitamin A (IU)	190
Vitamin A (RE)	190
Vitamin C	19 mg
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	21 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	10.7 mcg
Vitamin E	
Folate	215 mcg
Vitamin B-6	0.9 mg
Sulphites	

Sodium	460 mg
Calcium	320 mg
Iron	9.6 mg
Potassium	290 mg
Zinc	5.9 mg
Phosphorus	
Thiamin	0.6 mg
Niacin	3.4 mg
Riboflavin	0.3 mg
Vitamin B-12	1.3 mcg
Nitrates	

NUTRITIONAL CLAIMS

IRON	GOOD_SOURCE_OF	SATURATED_FAT	LOW	ARTIFICIAL_FLAVOUR	FREE_FROM
TRANS_FAT	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	CHOLESTEROL	LOW
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	FREE_FROM	ENERGY	SOURCE_OF
GLUTEN	FREE_FROM	WHOLE_GRAIN	CONTAINS	CHOLESTEROL	FREE_FROM
SUGARS	REDUCED_LESS	VITAMIN_D	GOOD_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGETARIAN	YES

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