

- Honey Cheerios Gluten Free Cereal Single Serve Bowlpak 96/1...

Enjoy sweetened whole grain-rich oats, with real honey in a gluten-free bowlpak format. Perfect as a part of breakfast or grab 'n go snacking. Single serve bowls provide convenient portion control, room for milk, and meet USDA Child Nutrition Programs standards. Each case contains 96 single serve bowls, making inventory simple.



MARKETING

K-12 Regulation Ready, 1 oz Equivalent Grain, Smart Snacks Compliant. CACFP Eligible.. Single serve bowlpak with room for milk, ideal for breakfast in the classroom or grab 'n go.. 96 - 1 oz single serve branded bowls per case, ready-to-eat convenience.. Honey-flavored cereal made with whole grain-rich oats. Gluten-free.. No artificial flavors or colors from artificial sources. No high fructose corn syrup.

Nutrition Facts

96 Servings per container	
Serving Size	1 bowl (28g)
Amount Per Serving	110
	% Daily Value*
Total Fat 1.5	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 170 mg	7%
Total Carbohydrates 22 g	8%
Dietary Fiber 2 g	9%
Total Sugars 6 g	
Includes 6 g Added Sugars	12%
Protein 3 g	
Vitamin D 2.6 mcg	10%
Calcium 80 mg	6%
Iron 2.4 mg	10%
Potassium 130 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
18447000	059608	10016000184470	96/1 OZ			
Brand	Brand Owner	GPC Description				
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.800 LBR	6.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally or Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	380.292
Protein	10.46 g
Total Carbohydrates	78.248 g
Sugars	21.756 g
Dietary Fiber	8.706 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5.726
Trans Fat	0.006 g
Saturated Fat	1.309 g
Added Sugars	21.026 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	9.524 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	602.15 mg
Calcium	357.143 mg
Iron	9.524 mg
Potassium	466.746 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	SATURATED_FAT	LOW	IRON	GOOD_SOURCE_OF
GLUTEN	FREE_FROM	FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
WHOLE_GRAIN	EXCELLENT_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM	WHOLE_GRAIN	CONTAINS
CHOLESTEROL	LOW	ENERGY	SOURCE_OF	TRANS_FAT	FREE_FROM
MSG	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	CHOLESTEROL	FREE_FROM
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGETARIAN	YES

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