

- CEREAL, MALT-O-MEAL ORIGINAL HOT WHEAT

No Sugar or Sald added: No Artifical Flavors - Colors or preservatives added. Toddler serving: easy to digest and recommended 1/2 serving



MARKETING



Nutrition Facts

110 Servings per container

Serving Size 3 TBS or 35 grams

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 27 g	9%
Dietary Fiber 1 g	5%
Total Sugars 3 g	
Includes Added Sugars	%

Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 100 mg	10%
Iron 10.8 mg	60%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
00115	058868	00042400001157	12/28 OZ			
Brand	Brand Owner	GPC Description				
MOM Hot Wheat	Post Consumer Brands	Cereals Products - Not Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
22.99 LBR	21 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.13 INH	11 INH	8.31 INH	0.58 FTQ	12x4	730 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS



Store dry

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - NI
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

INGREDIENTS



INGREDIENTS: WHEAT FARINA, MALTED

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PREPARATION & COOKING SUGGESTIONS



STOVE TOP • HEAT water and salt to boiling. • STIR in Malt-O-Meal Cereal gradually. Return to boiling while continuing to stir; then reduce heat to maintain a low boil. • COOK 2½ minutes or until thickened, stirring constantly. • Serve hot with milk and your choice of toppings. MICROWAVE • STIR all ingredients in a 2-cup microwave-safe bowl. • MICROWAVE on HIGH for 1 minute. Stir. • MICROWAVE 1-2 minutes more until cereal thickens; stir well every 30 seconds. Watch carefully to prevent boiling over. • STIR. Let stand until desired consistency.

SERVING SUGGESTIONS



Serve with milk and fruit for a wholesome breakfast or snack on cold days.

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	130
Protein	5 g
Total Carbohydrates	27 g
Sugars	3 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	100 mg
Iron	10.8 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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