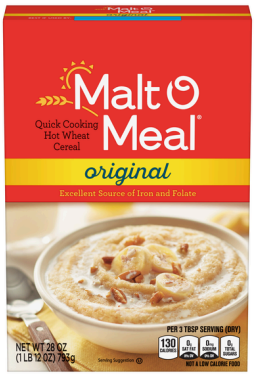
MOM Hot Wheat

058868 - CEREAL, MALT-O-MEAL ORIGINAL HOT WHEAT

No Sugar or Sald added: No Artifical Flavors - Colors or preservativses added.Toddler serving: easy to digest and recommned 1/2 serving



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
00115	058868	00042400001157	12/28 OZ

Brand	Brand Owner	GPC Description
MOM Hot Wheat	Post Consumer Brands	Cereals Products - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
22.99 LBR	21 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.13 INH	11 INH	8.31 INH	0.58 FTQ	12x4	730 Days	32 FAH / 95 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

110 Servings per container

Serving Size **3 TBS or 35 grams**

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 0.5 g	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 0 mg	**0%**
Total Carbohydrates 27 g	**9%**
Dietary Fiber 1 g	**5%**
Total Sugars 3 g	
Includes Added Sugars	**%**
Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 100 mg	10%
Iron 10.8 mg	60%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store dry

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - NI
- Crustaceans - N

INGREDIENTS

INGREDIENTS: WHEAT FARINA, MALTED

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PREPARATION & COOKING SUGGESTIONS

STOVE TOP • HEAT water and salt to boiling. • STIR in Malt-O-Meal Cereal gradually. Return to boiling while continuing to stir; then reduce heat to maintain a low boil. • COOK 2½ minutes or until thickened, stirring constantly. • Serve hot with milk and your choice of toppings. MICROWAVE • STIR all ingredients in a 2-cup microwave-safe bowl. • MICROWAVE on HIGH for 1 minute. Stir. • MICROWAVE 1-2 minutes more until cereal thickens; stir well every 30 seconds. Watch carefully to prevent boiling over. • STIR. Let stand until desired consistency.

SERVING SUGGESTIONS

Serve with milk and fruit for a wholesome breakfast or snack on cold days.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	130
Protein	5 g
Total Carbohydrates	27 g
Sugars	3 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	100 mg
Iron	10.8 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES