

Lucky Charms

- Lucky Charms Gluten Free Cereal Bulk Bag 4/35 OZ

Lucky Charms is a frosted and toasted whole grain oat & corn cereal with marshmallow pieces. Contains no high fructose corn syrup. In 35 oz bulk packaging, this is an easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings. Recommended for colleges and universities and lodging settings. General Mills is foodservice leader...



MARKETING

Lucky Charms is a frosted and toasted whole grain oat & corn cereal with marshmallow pieces.. 4 - 35 oz bulk packages of cereal per case. An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings.. Contains no high fructose corn syrup.. Recommended for colleges and universities and lodging settings.

Nutrition Facts

110 Servings per container

Serving Size1 cup (36g)

Amount Per Serving

Calories200

% Daily Value*

Total Fat 22%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 5 mg1%

Sodium 300 mg13%

Total Carbohydrates 39 g14%

Dietary Fiber 2 g8%

Total Sugars 21 g

Includes 12 g Added Sugars24%

Protein 9 g

Vitamin D 6.2 mcg30%

Calcium 350 mg25%

Iron 3.6 mg20%

Potassium 360 mg8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
11998000	058511	10016000119984	4/35 OZ			
Brand	Brand Owner	GPC Description				
Lucky Charms	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.750 LBR	8.750 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.000 INH	9.500 INH	16.620 INH	1.82700 FTQ	10x3	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
BUY_AMERICAN_PROVISION_USDA		N/A	UNSPECIFIED		N/A	

HANDLING SUGGESTIONS

Keep in a cool, dry place

- ALLERGENS
- C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'
- Milk - INII

Eggs - INII

Soybean - INII

Wheat - INII

Sesame - INII

Pine Nuts - INII

Cashews - INII

Macadamia Nuts - INII

Coconuts - INII

Brazil Nuts - INII

Walnuts - INII

X99 - UN

Peanuts - INII

Tree - NI

Fish - INII

Shellfish - NI

Crustaceans - INII

Almonds - INII

Hazelnuts - INII

Chestnuts - INII

Pecan Nuts - INII

Pistachios - INII

Molluscs - INII
- INGREDIENTS

Whole Grain Oats, Sugar, Whole Grain Corn, Corn Syrup, Corn Starch. Contains 2% or less of: Salt, Gelatin, Trisodium Phosphate, Color (vegetable and fruit juice, carmine, spirulina extract, turmeric oleoresin, paprika oleoresin and other color added), Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.
- Last Saved: 17 July 2026 | Printed: 26 July 2026

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

Bulk cereal is well suited for use in a dispenser for self-service continental breakfast and in college & university foodservice. College students eat cereal around the clock as breakfast, meal replacement, snack and dessert.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	200	Total Fat	2	Sodium	300 mg
Protein	9 g	Trans Fat	0 g	Calcium	350 mg
Total Carbohydrates	39 g	Saturated Fat	0 g	Iron	3.6 mg
Sugars	21 g	Added Sugars	12 g	Potassium	360 mg
Dietary Fiber	2 g	Polyunsaturated Fat	0.5 g	Zinc	
Lactose		Monounsaturated Fat	0.5 g	Phosphorus	
Sucrose		Cholesterol	5 mg		
Vitamin A (IU)		Vitamin D	6.2 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

CHOLESTEROL	LOW	VITAMIN_D	GOOD_SOURCE_OF	FAT	LOW
IRON	GOOD_SOURCE_OF	SATURATED_FAT	FREE_FROM	MSG	FREE_FROM
VITAMIN_D	EXCELLENT_SOURCE_OF	NIACIN	GOOD_SOURCE_OF	ZINC	GOOD_SOURCE_OF
VITAMIN_B6	EXCELLENT_SOURCE_OF	TRANS_FAT	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
VITAMIN_C	GOOD_SOURCE_OF	IRON	EXCELLENT_SOURCE_OF	VITAMIN_B12	EXCELLENT_SOURCE_OF
VITAMIN_A	GOOD_SOURCE_OF	FOLIC_ACID	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF
SATURATED_FAT	LOW	THIAMIN	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM
GLUTEN	FREE_FROM	ZINC	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
WHOLE_GRAIN	CONTAINS	RIBOFLAVIN	GOOD_SOURCE_OF	THIAMIN	GOOD_SOURCE_OF
FOLIC_ACID	GOOD_SOURCE_OF	VITAMIN_B6	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF
VITAMIN_B12	GOOD_SOURCE_OF	FREE_FROM_GLUTEN	YES		

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