

- Lucky Charms Gluten Free Cereal Single Serve Bowlpak 25% Le...

Lucky Charms cereal with 25% less sugar*; delicious and gluten-free. Packed in grab-n-go bowlpaks, each serving delivers 1 oz equivalent grain, meeting whole grain-rich criteria (19g whole grain per serving; at least 48g recommended daily). Contains no high fructose corn syrup, 6g added sugars per serving, perfect for busy students. Case includes 96 units. Ideal for part of br...



MARKETING

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Entree Exempt. CACFP Eligible.. Convenient grab and go single-serve bowlpaks with marshmallow pieces for easy portion control.. Case includes 96 units, each 1 oz bowlpak. 19g whole grain per serving (at least 48g recommended daily).. Delicious Lucky Charms flavor with marshmallow pieces; whole grain-rich and gluten-free.. 25% less sugar than original , with no high fructose corn syrup and 6g added sugars per oz.

Nutrition Facts

Servings per container		
Serving Size		(28 g)
Amount Per Serving		
Calories		110
		% Daily Value*
Total Fat 1.5 g		2%
Saturated Fat 0 g		0%
Trans Fat 0 g		
Cholesterol 0 mg		0%
Sodium 220 mg		9%
Total Carbohydrates 22 g		8%
Dietary Fiber		%
Total Sugars 6 g		
Includes Added Sugars		%

Protein 3 g	
Vitamin D 3.1 mcg	15%
Calcium 90 mg	6%
Iron 2.8 mg	15%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
22488000	058496	10016000224886	96/1 OZ			
Brand	Brand Owner	GPC Description				
Lucky Charms	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.800 LBR	6.000 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Molluscs - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII

INGREDIENTS

Lucky Charms

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PREPARATION & COOKING SUGGESTIONS



Ready to eat

SERVING SUGGESTIONS



ready to enjoy anytime, anywhere

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	110
Protein	3 g
Total Carbohydrates	22 g
Sugars	6 g
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	3.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	220 mg
Calcium	90 mg
Iron	2.8 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

