



MARKETING



Nutrition Facts

1 Servings per container

**Serving Size** 1 bowl

**Amount Per Serving**

**Calories** **110**

**% Daily Value\***

<b>Total Fat</b> 1.5 g	<b>2%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 170 mg	<b>7%</b>
<b>Total Carbohydrates</b> 22 g	<b>8%</b>
Dietary Fiber 2 g	<b>8%</b>
Total Sugars 6 g	
Includes 6 g Added Sugars	<b>11%</b>
<b>Protein</b> 3 g	

Vitamin D 0 mcg	0%
Calcium 130 mg	10%
Iron 4.5 mg	25%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
27597	058209	10042400275975	96/1 OZ			
Brand	Brand Owner	GPC Description				
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
8.87 LBR	6 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	18.38 INH	2.2898 FTQ	9x2	365 Days	32 FAH / 100 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS



Dry Storage

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - NI
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS



Ingredients: Whole Grain Oat Flour, Sugar, Wheat Starch, Honey, Salt, Trisodium Phosphate, Caramel Color, Molasses, Natural Flavor. Vitamins & Minerals: Calcium Carbonate, Reduced Iron, Sodium Ascorbate (Vitamin C), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3. Contains Wheat

**PREPARATION & COOKING SUGGESTIONS**



Ready to Eat

**SERVING SUGGESTIONS**



Serve with 1/2 cup skim milk

**MORE INFORMATION**



**NUTRITIONAL ANALYSIS**



Calories	110
Protein	3 g
Total Carbohydrates	22 g
Sugars	6 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	170 mg
Calcium	130 mg
Iron	4.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**



**MORE IMAGES**

