Gold Medal

058109 - Gold Medal Muffin Mix Box Whole Grain-Rich Variety 6/...

Gold Medal whole grain-rich variety muffin mix. Each 1/4c mix = 1 oz equivalent grain (33g) and 1 box of mix provides 68 - 1 oz equivalent grain servings (at least 48g recommended daily). Offers a hearty taste and texture. Designed for minimal labor, simply add water for scratch-like muffins with a desirable golden color and mushroom crown. The mix's forgiving formula means les...



MARKETING

K-12 Regulation Ready. 2.5 oz Equivalent Grain. CACFP Eligible.. Convenient mix, just add water. No complex steps needed.. 6, 5lb boxes per case, ensuring high yield and cost-effective bulk format.. Whole grain-rich. No artificial flavors or certified colors.. Highly tolerant formula reduces waste by forgiving minor preparation errors.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31529000	058109	10016000315294	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33.500 LBR	30.000 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	279 Days	32 FAH / 95 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	UNSPECIFIED	N/A

Nutrition Facts

156 Servings per container

Serving Size **2/3 cup mix (89g)**

Amount Per Serving	
Calories	**370**
	% Daily Value*
Total Fat 10	**13%**
Saturated Fat 5 g	**25%**
Trans Fat 0 g	
Cholesterol 5 mg	**2%**
Sodium 520 mg	**23%**
Total Carbohydrates 66 g	**24%**
Dietary Fiber 4 g	**13%**
Total Sugars 25 g	
Includes 24 g Added Sugars	**48%**
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.9 mg	10%
Potassium 190 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep in a cool, dry place Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter wash hands and surfaces after handling.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Cereals - MC
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII
- Peanuts - INII
- Tree - NI
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII

INGREDIENTS

WHOLE WHEAT FLOUR BLEACHED, SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, MALTODEXTRIN. CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SOLUBLE CORN FIBER, DEXTROSE, NONFAT MILK, SALT, EGGS WITH SODIUM SILICOALUMINATE, MONO AND DIGLYCERIDES, POTASSIUM CHLORIDE, XANTHAN GUM, DEFATTED SOY FLOUR.

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PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

SERVING SUGGESTIONS

1/2 Cup Mix (86g) Makes 2 Muffins

MORE INFORMATION

E-mail : gmi.gdsn@genmills.com

NUTRITIONAL ANALYSIS

Calories	370
Protein	4 g
Total Carbohydrates	66 g
Sugars	25 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	24 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	520 mg
Calcium	0 mg
Iron	1.9 mg
Potassium	190 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_FLAVOUR	FREE_FROM

TRANS_FAT	FREE_FROM

KOSHER	YES

MORE IMAGES





