

# - Gold Medal(TM) Complete Pancake Mix Buttermilk (6 ct) 5 lb

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.



### MARKETING

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.. Available in cost-effective, 5 lb bulk format.. Exceptional after-mix hold time means little batter wasted from gassing out.. Has high water absorption rate for better yield and more pancakes per box.. Waffles can be made using Gold Medal Complete Pancake Mix.

## Nutrition Facts

252 Servings per container

Serving Size 1/3 cup + 2T mix (54g) makes 2 - 4 1/2" pancakes

**Amount Per Serving**  
**Calories** **200**

% Daily Value\*

<b>Total Fat</b> 2.5	<b>3%</b>
Saturated Fat 1 g	<b>6%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 430 mg	<b>19%</b>
<b>Total Carbohydrates</b> 37 g	<b>14%</b>
Dietary Fiber 1 g	<b>5%</b>
Total Sugars 7 g	
Includes 5 g Added Sugars	<b>9%</b>

<b>Protein</b> 5 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 2 mg	10%
Potassium 150 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
11827000	058107	10016000118277	6/5 LB			
Brand	Brand Owner		GPC Description			
Gold Medal	GENERAL MILLS SALES INC.		Baking/Cooking Mixes (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
33.500 LBR	30.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

Keep in a cool, dry place. Pancake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter wash hands and surfaces after handling.

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

### INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, SUGAR, MODIFIED WHEY, PALM OIL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), DEFATTED SOY FLOUR, BUTTERMILK, SALT, SOY LECITHIN, CITRIC ACID, ANNATTO AND TURMERIC EXTRACT COLOR, NONFAT MILK, EGGS WITH SODIUM SILICOALUMINATE.

# - Gold Medal(TM) Complete Pancake Mix Buttermilk (6 ct) 5 lb

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.

## PREPARATION & COOKING SUGGESTIONS

Please refer to product packaging

## SERVING SUGGESTIONS

1/3 cup plus 2T of mix

## MORE INFORMATION

## NUTRITIONAL ANALYSIS

Calories	200
Protein	5 g
Total Carbohydrates	37 g
Sugars	7 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	5 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0.5 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 mg
Calcium	30 mg
Iron	2 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

IRON	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
SATURATED_FAT	LOW	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	VEGETARIAN	YES
KOSHER	YES				

## MORE IMAGES

