

- Lucky Charms Gluten Free Cereal Single Serve Cup 25% Less S...

Lucky Charms Cereal with 25% less sugar is perfect for K-12 meal programs. This frosted and toasted gluten-free whole grain rich cereal with marshmallow pieces comes in ready-to-eat single serve cups for convenient portion control. CACFP eligible, 2 oz equivalent grain, perfect for part of breakfast in the classroom. Each case contains 60 units of 2 oz cups, maintaining freshn...



MARKETING

K-12 Regulation Ready. 2 oz Equivalent Grain. Smart Snack Entrée Exempt. CACFP Eligible.. Ready-to-eat cup with cereal and marshmallows, convenient for portion control and freshness anywhere.. Dry cereal in 2 oz branded single serve cup. 60 units per case for simplicity and storage ease.. Frosted and toasted whole grain oat & corn cereal with tasty marshmallow pieces. Gluten-free.. 25% less sugar than the Original Lucky Charms. No high fructose corn syrup. Whole grain-rich cereal. No certified colors.

Nutrition Facts

60 Servings per container

Serving Size 1 container (56g)

Amount Per Serving
Calories **210**

% Daily Value*

Total Fat 2.5 **3%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 440 mg **19%**

Total Carbohydrates 45 g **16%**

Dietary Fiber 5 g **16%**

Total Sugars 12 g

Includes 12 g Added Sugars **23%**

Protein 5 g

Vitamin D 6.2 mcg 30%

Calcium 200 mg 15%

Iron 5.6 mg 30%

Potassium 150 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
22489000	057771	10016000224893	60/2 OZ			
Brand	Brand Owner	GPC Description				
Lucky Charms	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
12.000 LBR	7.500 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	23.000 INH	2.69000 FTQ	9x4	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - NI
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Oats, Sugar, Whole Grain Corn, Corn Starch, Corn Syrup. Contains 2% or less of: Salt, Trisodium Phosphate, Gelatin, Color (vegetable and fruit juice, carmine, spirulina extract, turmeric oleoresin, paprika oleoresin), Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

ready to enjoy anytime, anywhere

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	210
Protein	5 g
Total Carbohydrates	45 g
Sugars	12 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	12 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	6.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	440 mg
Calcium	200 mg
Iron	5.6 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	MSG	FREE_FROM	SUGARS	REDUCED_LESS
WHOLE_GRAIN	CONTAINS	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	GLUTEN	FREE_FROM	FREE_FROM_GLUTEN	YES

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