

- Blueberry Chex Gluten Free Cereal Single Serve Bowlpak 96/1...

Experience the delightful taste of blueberry in gluten-free Blueberry Chex. The sweet blueberry flavored rice cereal offers a delicious option for any mealtime. Ideal for K-12 settings, this cereal comes in single serve bowls, perfect for classroom and on-the-go. Contains no artificial flavors or colors from artificial sources. 96 count per case.



MARKETING

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible.. Single-serve bowl, ready-to-eat, ideal for classroom or on-the-go meal convenience.. 96 - 1 oz single serve branded bowls per case for easy portion control.. Fruit-flavored blueberry cereal; whole grain-rich and gluten-free ingredients.. No artificial flavors or colors from artificial sources. Made without gelatin. No high fructose corn syrup.

Nutrition Facts

96 Servings per container	
Serving Size	1 bowl (28g)
Amount Per Serving	120
	% Daily Value*
Total Fat 2.5	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 160 mg	7%
Total Carbohydrates 23 g	8%
Dietary Fiber 1 g	2%
Total Sugars 6 g	
Includes 6 g Added Sugars	11%
Protein 1 g	
Vitamin D 2.2 mcg	10%
Calcium 80 mg	6%
Iron 8.2 mg	45%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
18446000	057753	10016000184463	96/1 OZ			
Brand	Brand Owner	GPC Description				
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.200 LBR	6.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.870 INH	13.000 INH	14.000 INH	1.77700 FTQ	9x7	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally or Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Blueberry Powder, Molasses, Natural Flavor, Rosemary Extract. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamin and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	422.218
Protein	5.097 g
Total Carbohydrates	81.898 g
Sugars	20.161 g
Dietary Fiber	2.034 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9.02
Trans Fat	0.114 g
Saturated Fat	1.005 g
Added Sugars	19.355 g
Polyunsaturated Fat	1.878 g
Monounsaturated Fat	5.948 g
Cholesterol	0 mg
Vitamin D	10 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	575 mg
Calcium	325 mg
Iron	31.5 mg
Potassium	162.987 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ENERGY	SOURCE_OF	MSG	FREE_FROM	TRANS_FAT	FREE_FROM
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	GLUTEN	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
WHOLE_GRAIN	GOOD_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM	SATURATED_FAT	LOW
ARTIFICIAL_SWEETENERS	FREE_FROM	CHOLESTEROL	FREE_FROM	IRON	EXCELLENT_SOURCE_OF
WHOLE_GRAIN	CONTAINS	IRON	GOOD_SOURCE_OF	CHOLESTEROL	LOW
KOSHER	YES	VEGETARIAN	YES	FREE_FROM_GLUTEN	YES

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