

- Corn Chex Gluten Free Cereal Single Serve Bowlpak 96/1 OZ

Corn Chex Gluten Free Cereal offers whole grain -rich goodness, oven toasted for crunch. Packaged in 96 single serve bowls, it's perfect for portion control and convenient grab 'n go breakfasts in the classroom. USDA Child Nutrition Programs credit it as 1 Grain and it's CACFP eligible.



MARKETING

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible. Single-serve bowl packaging for portion control, easy and ready to eat. 96 branded bowls per case. Gluten-free cereal, whole grain-rich. Each bowl contains 1 oz cereal. Toasted corn flavor. Contains no artificial flavors and no colors from artificial sources. No high fructose corn syrup. Gluten-free. Made without gelatin. Kosher pareve compliant.

Nutrition Facts

96 Servings per container	
Serving Size	1 bowl (28g)
Amount Per Serving	100
% Daily Value*	
Total Fat 0.5	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 200 mg	9%
Total Carbohydrates 24 g	9%
Dietary Fiber 1 g	5%
Total Sugars 3 g	
Includes 3 g Added Sugars	5%
Protein 2 g	
Vitamin D 2.4 mcg	10%
Calcium 90 mg	6%
Iron 7.2 mg	40%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
33213000	057747	10016000332130	96/1 OZ			
Brand	Brand Owner	GPC Description				
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.800 LBR	6.000 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally or Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Salt, Baking Soda. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

1 bowl

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	373
Protein	6.433 g
Total Carbohydrates	84.878 g
Sugars	10.78 g
Dietary Fiber	5.216 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.4
Trans Fat	0 g
Saturated Fat	0.423 g
Added Sugars	9.622 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	10.256 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	708.721 mg
Calcium	333.333 mg
Iron	27.692 mg
Potassium	193.521 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MSG	FREE_FROM	FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
IRON	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	CHOLESTEROL	FREE_FROM
IRON	EXCELLENT_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	GLUTEN	FREE_FROM
CHOLESTEROL	LOW	ENERGY	SOURCE_OF	VITAMIN_D	GOOD_SOURCE_OF
ARTIFICIAL_SWEETENERS	FREE_FROM	SATURATED_FAT	LOW	ARTIFICIAL_FLAVOUR	FREE_FROM
WHOLE_GRAIN	CONTAINS	TRANS_FAT	FREE_FROM	PLANT_BASED	YES
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGETARIAN	YES
LOW_CALORIE	YES				

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