

## - Land O Lakes Ultimate Cheddar Cheese Dip Cups.

Land O Lakes Ultimate Cheddar Cheese Dip Cup is a shelf stable, kid pleasing protein available in a convenient cup. Perfect on the side or on the go. 140/3 oz cups. Meal Contribution Credit per serving: 1 M/MA.



### MARKETING

Grab and go for easy serving. Great for emergency feeding. Shelf stable for convenient storage. 1 M/MA

## Nutrition Facts

1 Servings per container	
<b>Serving Size</b>	<b>3 Ounce</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>180</b>
% Daily Value*	
<b>Total Fat</b> 10 g	<b>13%</b>
Saturated Fat 6 g	<b>30%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 30 mg	<b>10%</b>
<b>Sodium</b> 390 mg	<b>17%</b>
<b>Total Carbohydrates</b> 13 g	<b>5%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 10 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 10 g	
Vitamin D 0 mcg	0%
Calcium 334 mg	25%
Iron 0 mg	0%
Potassium 1829 mg	40%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
39911000034500	056012	10034500399118	140 - 3oz Cups			
Brand		Brand Owner	GPC Description			
LAND O LAKES		LAND O'LAKES	Cheese (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
28.25 LBR	26.25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
21.25 INH	15.25 INH	6.25 INH	1.1721 FTQ	5x5	180 Days	34 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
BUY_AMERICAN_PROVISION_USDA	N/A	TRUE	N/A			

### HANDLING SUGGESTIONS

Dry/Ambient (34 to 95)

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - INII
- Crustaceans - INII

### INGREDIENTS

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Skim Milk, Reduced Fat Cheddar Cheese (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes), Potassium and Sodium Phosphates, Maltodextrin, Contains Less than 2% of: Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Mono and Diglycerides, Sorbic Acid (Preservative), Salt, apo-Carotenal (color).

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### PREPARATION & COOKING SUGGESTIONS

Ready to eat at room temperature. See package for detailed preparation. If heated, product temperature should not exceed 140°F. Heat in a convection oven set at 200°F for 12-15 minutes or heat in a conventional oven set at 200°F for 22-25 minutes. Do not microwave. Warming unit not recommended for heating. Always use caution to avoid burns when handling and eating warmed cheese sauce.

### SERVING SUGGESTIONS

Serve with chips, breads and vegetables for lunch or afterschool snack. Self-serve bars. Field Trips. Emergency and summer feeding.

### MORE INFORMATION

### NUTRITIONAL ANALYSIS

Calories	180
Protein	10 g
Total Carbohydrates	13 g
Sugars	10 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	6 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	390 mg
Calcium	334 mg
Iron	0 mg
Potassium	1829 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS

### MORE IMAGES

